



379 SALEM STREET, MEDFORD, MA 02155

www.thedancehaven.com

781-391-0677

ADULT DANCE FITNESS & ZUMBA 2015 WINTER SPRING SCHEDULE SESSION STARTS MARCH 17TH – JUNE 18TH

MONDAY	WEDNESDAY	THURSDAY	SATURDAY
ZUMBA 6:30 – 7:30 PM	ZUMBA 6:30 – 7:30 PM	TOTAL BODY WORKOUT 6:30 – 7.30 PM	ZUMBA 9:30 AM
ADULT TAP 7:30 – 8:30 PM	ADULT BALLET BARRE WORKOUT 7:30 – 8:30 PM		

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**STUDENTS MUST FILL OUT A ONE-TIME REGISTRATION FORM BEFORE ATTENDING
STUDENTS UNDER 18 YRS OLD MAY TAKE ZUMBA BUT MUST HAVE PARENT REGISTER THEM.
CLASS CARDS AVAILABLE FOR 10 CLASSES**

Updated as of 3/15/15

TRY YOUR FIRST ZUMBA CLASS AT THE DANCE HAVEN FOR FREE!

**DROP IN RATE IS \$5.00 FOR ZUMBA & FITNESS
\$10.00 FOR ADULT TAP
CLASS CARDS AVAILABLE FOR 10 CLASSES**

**THERE WILL BE NO FITNESS CLASSES
HELD ON THE FOLLOWING DATES:**

JANUARY 17TH

MARCH 14TH

April 25th

May 24th

Studio Closed May 25th to May 30th