



JOIN US IN STUDIO OR VIRTUAL

YOUR NEIGHBORHOOD FITNESS HAVEN

Please arrive early to class as doors will be locked until class is ready for entry. Zoom will start when LIVE class starts. MASKS ARE REQUIRED TO ENTER BUT CAN BE OPTIONAL WHILE TAKING CLASS. All payments are final and non-refundable. ZUMBA® and the Zumba Fitness logo are trademarks of Zumba Fitness, LLC, used under license. www.zumba.com37

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY SUNDAY

**9:15 AM
MUSCLE MADNESS**

**6:30 AM
VIP HIIT**

**9:15 AM
POWER SCULPT**

**6:30 AM
VIP HIIT**

**8:15 AM
YOGA SCULPT**

**12:00 PM
FIT MIX FLOW**

**10:00 AM
POWER YOGA**

**6:00 PM
ZUMBA &
POWER SCULPT**

**4:30 PM
Yoga Sculpt**

**6:30 PM
ZUMBA &
POWER SCULPT**

**5:15 PM
HIIT TABATA**

**7:15 PM
DANCE MIX**

**7:00 PM
BARRE WORKOUT**

**7:15 PM
BARRE EXPRESS**

**7:15 PM
TAP DANCE**

\$8.00 DROP IN / \$50 10 Class Pass \$40 VIP Month Unlimited, \$80 VIP Plus Month Unlimited (\$10 VIP Class Drop In) Other Packages and On Demand DH Fit Crew On The Go Available on our booking site. Sign up to become a member on our Studio Bookings AP & get your First Class FREE. Once you become a member you can purchase packages and reserve space in class.