

The Dance Haven Tentative Schedule September 2020 - June 2021 Regular Season Subject To Change Based on Enrollment & Error/Omission

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	8:00 AM Studio A Power Yoga	6:30 AM VIP Studio A HIIT/TABATA		6:30 AM VIP Studio A HIIT/TABATA	8:00-9:00 AM Studio A Yoga Sculpt
	9:15 AM Studio A Muscle Madness	3:30-4:15 PM Studio A Ages 3-5 Ballet/Tap	9:15- 10:00 AM Studio A Power Sculpting		9:30-10:00 AM Studio A Acro Tumbling Ages 6 & Up Registered Students Only alternating weeks for class over 5 students.
4:00 – 5:45 PM RDT I Studio B Jazz/Lyrical	3:30– 4:15 PM Studio A Bal/Tap Ages 3-5	4:00 -4:45 PM Studio B Junior Jazz & Lyrical Team Ages 9-12 (Ballet/Jazz Required)	3:30-4:45 Studio B Ages 5-7 Ballet/Tap/Jazz	3:30 -4:15 PM Studio B Ages 5-8 Hip Hop	8:30 -9:15 AM Studio B Ages 3-5 Ballet/Tap
4:00 -5:45 PM RDT III Studio A Contemporary/Modern	3:45 – 5:30 PM Studio B Bal/Tap/Jazz Ages 7-9	5:00– 5:30 PM Studio B Junior Tap Team* Ages 9-12 (Additional Tap Required)	4:45 PM -5:30 PM Studio A TABATA Muscle Mix	4:45 -5:30 PM Studio B Ages 9-12 Hip Hop	10:30-11:45:AM Studio A Ages 5-7 Ballet/Tap/Jazz
6:00-6:45 PM FLEX CLASS RDT ALTERNATING WEEKS	4:30 – 5:30 PM Studio A Yoga Sculpt	5:45-6:15 PM Studio B Teen Competition Tap (Additional Tap Required)	4:00 PM Studio A Competition Teen Hip Hop	4:00 -5:45 PM Ages 9-12 Ballet/Tap/Jazz	9:45-10:30 AM Studio B Ages 5-7 Ballet/Tap
6:00 – 7:00 PM Zumba & Power Sculpt	5:45– 6:45 Studio A Acro Dance Team* Ages 8 & Up (Ballet/Jazz Required)	4:30-5:15 PM Studio A Teen Lyrical	6:15 -7:45 pm Studio B Teen Ballet/Jazz		11:00-11:45 Studio B Ages 9-12 Hip Hop
	6:00-6:45 PM Studio B Teen Tap	5:30- 6:15 PM Studio A Advanced Competition Tap Ages 14-18	6:15-7:00 PM Studio A Interm./Advanced Ballet Recommended		12:15 -12:45 PM Studio A Ages 5-8 Hip Hop
	7:00 -8:00 PM Studio A Ballet Barre Workout	6:30 – 7:15 PM Studio A RDT III Jazz	7:30- 8:30 PM RDT Opening Number & Musical Theater Start Date 9/17		12:15 -2:00 PM Studio B Ages 9-12 Ballet/Tap/Jazz
	7:15-8:00 PM Studio B Adult Tap	6:30 -7:15 PM Studio B Teen Hip Hop Ages 12-18			1:00 -2:30 PM Studio A Ages 7-9 Ballet/Tap/Jazz
		7:30 – 8:30 PM Studio B Zumba & Power Sculpting			



The Dance Haven's
Regular Season starts
September 14, 2020

As registrations come in
schedules may change to
accommodate studio times
and preferences. We do
our best to offer as many
classes for all age groups.

**Voted #1 Dance
School Best in
Medford
14 years In a Row
We look forward to
another exciting
dance season
ahead!**

379 Salem Street
Medford, MA 02155
Call Us at
781-391-0677

Updated 8/28/2020



NOW ACCEPTING REGISTRATIONS ALL REGISTRATIONS
New & Returning Students can register by sending in registration form along with payment.
We are having our last registration Outside Registration on September 3rd 3-6 pm. If you
would like to make an appointment please contact Rachele Kakles at 617-416-8130.
***These classes are competition classes and have special requirements.**
For more info please visit www.thedancehaven.com
We can't wait to dance with you again for our 15th Season

Due to Covid-19 Classes will be offered both on-site
and on Zoom until restrictions are lifted. Students
Ages 3-5 can Zoom if parents or teachers think they
will be unable to socially distance. Some Class
Times have been adjusted to account for cleaning
and maybe lengthened or slightly changed once
restrictions are lifted. Students will alternate on-
site and Zoom and a schedule will be announced
once we have all enrollments.